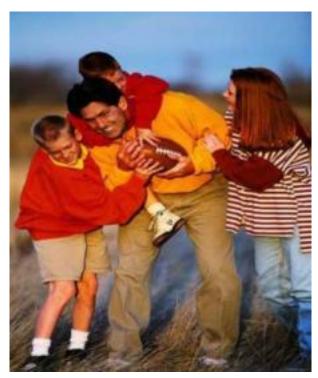
Register Now! "The Parent Empowerment Program"



YOU HAVE THE POWER!

West Linn Parks and Recreation and Tim O'Brien are offering parents:

"The Parent Empowerment Program"

Program topics include:

- 1. Understanding Power in Family Systems
- 2. Understanding Components of Change
- 3. Identifying Ways Parents Give Up Power
- 4. Understanding Parental Guilt and Enabling
- 5. Identifying Sources of Parent Power
- 6. Prevention Strategies for Behavior Problems
- 7. Strategies for Reclaiming Parent Power

Who? Any parent interested in learning in a supportive environment

Where? Athey Creek Middle School (Room 04) 2900 SW Borland Rd West Linn OR 97068

When? Starting January 13th – March 17th. 10 Weeks. Tuesday Evenings (6:00 pm – 8:00 pm)

Cost: \$199 per person/\$299 per couple. \$5 additional fee for non-resident registration. Price includes workbook. Space is limited. Call West Linn Parks and Recreation at (503) 557-4700 to register.

Register Now! "The Parent Empowerment Program"

Published on City of West Linn Oregon Official Website (https://westlinnoregon.gov)

Event

Register Now! "The Parent Empowerment Program"

Date/Time

Tue, Jan 13th 6:00pm - 8:00pm

Location

Athey Creek Middle School (Room 04)

Supporting Documents

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Parent Empowerment.pdf

- Parks and Recreation
- Master

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